

**These shoes represented readiness.**

The laced-up shoes or sandals that the Roman legionary wore were the sign of one equipped and ready to move. We, too, must be prepared to share the Gospel of Peace with those around us. Satan has declared war, but you and I are ambassadors of peace.

Our example is the first Passover (Exodus 12:11).

Our command is to be prepared (I Peter 3:15)

What are some ways that we can be prepared to defend ourselves against the devil?

What are some ways that we can be prepared to share the Gospel of Peace?

2 Timothy 2:20-21 helps us to tie in this lesson of preparation with our last series "Way of Agape". How so?

**"Foot" notes:**

Define the word "foot"
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In the following passages about feet what can we learn about God's relationship to us?

Psalm 116:8

Luke 15:22

Proverbs 4:23-27

Psalm 18:33-36

Psalm 66:9

**Bibliography:** Ephesians (William Barclay); Eyewitness Books "Ancient Rome"; Roman Military Equipment (Bishop and Coulston); Be Rich – Ephesians (Warren Wiersbe); Meditations on Ephesians (Leonard Wolcott); Thru the Bible with J. Vernon McGee; study notes from NIV, NKJV Zondervan and Thomas Nelson Bibles. The Christian in Complete Armour (William Gurnall).